



NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST


Name: _____

Catheter Care for Female/Male - 6.02H

This skill may be required during NNAAP® testing

 This performance checklist must be used by the teacher and student during skill acquisition, guided practice, and independent practice.

 During skill check-off, the student must perform the skill unassisted with 100% competence.

 While the course is being taught, a skill performance summary document/chart *may* be used to verify skills that have been completed. However, verification that the student has demonstrated competency on this skill **MUST** be recorded on the NATS Part II by the conclusion of the course.

Equipment: Wash basin of warm water, soap, wash cloths, towel, bath blanket/equivalent

- | | |
|-----|--|
| 1. | Knock before entering, address resident by name, state your name and title. |
| 2. | Identify resident, explain procedure and obtain permission. |
| 3. | Wash hands and assemble equipment. |
| 4. | Provide privacy. |
| 5. | Provide for resident safety and elevate bed to best level for body mechanics. |
| 6. | Fill wash basin ½ to 2/3 full of warm water, 105-110 degrees. Check water temperature for safety/comfort and ASK RESIDENT TO VERIFY COMFORT OF WATER. |
| 7. | Cover resident with bath blanket OR equivalent as needed to prevent overexposure. |
| 8. | Put on clean gloves before washing and after healthcare provider check of water temperature. |
| 9. | Fold back bath blanket without over exposure of resident, place linen protector under perineal area before washing. |
| 10. | Expose area surrounding catheter while avoiding overexposure of client
<input type="checkbox"/> Separate labia on female
<input type="checkbox"/> Pull back foreskin on male
<input type="checkbox"/> Observe area around catheter for sores, crusts, redness, swelling, discoloration, and abnormal drainage |
| 11. | Wet wash cloth, wring out excess water and apply soap to wash cloth. |
| 12. | Hold catheter at meatus without tugging, <u>clean</u> at least four inches of catheter tubing beginning at the meatus, moving in only one direction, away from meatus, using a clean area of the cloth for each stroke. |
| 13. | Hold catheter at meatus without tugging, <u>rinse</u> at least four inches of catheter tubing beginning at the meatus, moving in only one direction, away from meatus, using a clean area of the cloth for each stroke. |
| 14. | Hold catheter at meatus without tugging, <u>dry</u> four inches of catheter tubing beginning at the meatus, moving away from meatus. |
| 15. | Empty, rinse, and dry basin. |
| 16. | After rinsing and drying the basin, place basin in bedside stand or designated area. |

Catheter Care for Female/Male - 6.02H continued

- | | |
|--|---|
| | 17. Dispose used linen into soiled linen container and dispose of linen protector appropriately. |
| | 18. Avoid contact between care provider clothing and used linen |
| | 19. Dispose used linen, clean equipment, THEN remove gloves without contaminating self, dispose of gloves into waste container and wash hands. |
| | 20. Position catheter so that urine flows freely into drainage bag attached to bed frame. Tape to leg as directed. Wash hands. |
| | 21. Provide for safety and comfort, bed locked and in low position with call signal in reach. |
| | 22. Record actions and report any abnormal observations to supervisor. |

Instructor's Initials: _____ Date: _____