

# NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: \_\_\_\_\_

## Opening a Closed Bed - 5.03B

**This skill MUST BE TAUGHT.**  
*However, individual skill competence check is NOT required for this skill.*

Equipment: None

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|  | 1. Wash hands.   |
|  | 2. Locate bed to be opened.  |
|  | 3. Raise bed to best level for body mechanics.   |
|  | 4. Face head of bed and grasp top sheet, blanket and/or spread and <b>fanfold</b> top linens to foot of bed. |
|  | 5. Lower bed to lowest horizontal position.  |
|  | 6. Place over-bed table over foot of bed.  |
|  | 7. Place call signal under pillow and attach.  |
|  | 8. Leave room in neat and orderly condition.   |
|  | 9. Wash hands.   |
|  | 10. Report any malfunctioning resident unit equipment.   |