

NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: _____

Tub Bath or Shower - 5.01L

This skill MUST BE TAUGHT.
However, individual skill competence check is NOT required for this skill.

Equipment: Soap dish, soap or non-rinsing product, washcloth, towels, bath mat, chair or stool, clean clothing, personal care products, disinfectant.

Note: **Temperature of bath/shower room should be warm enough for comfort.**

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| | 1. Assemble equipment in bath or shower room; clean and disinfect tub or shower, if needed. |
| | 2. Knock before entering room. Greet and identify resident by name. |
| | 3. State your name and title. Explain procedure and obtain permission. |
| | 4. Wash hands. Gloves optional unless contamination possible or required by facility. |
| | 5. Select clothing and personal items needed. |
| | 6. Assure privacy throughout procedure.
*If resident is undressed in the resident's room, assure resident is totally covered before pushing wheelchair or stretcher out in the hall. |
| | 7. Assist to put on robe and slippers and escort/transport to bath/shower room. |
| | 8. Fill tub half full of water or turn on shower. Test to ensure water temperature is not more than 105-110 degrees (F) for tub or shower and that bottom of tub or floor of shower not slippery. ASK RESIDENT TO VERIFY COMFORT OF WATER TEMPERATURE. |
| | 9. Place bath mat or towel in front of tub or shower. |
| | 10. Assist to undress and get into tub or shower. Use shower chair as needed. |
| | 11. Stay with resident and/or assist with washing as needed. |
| | 12. Assist out of tub or shower and help dry by patting gently with towel. |
| | 13. Have resident stand on bath mat or sit on towel-covered chair as needed. |
| | 14. Assist with deodorant or antiperspirant and personal care products. |
| | 15. Help dress and return to room. Provide for safety and comfort with call signal in reach. |
| | 16. Put on gloves, return to bathing area, clean and disinfect tub or shower. |
| | 17. Place used towels in dirty linen container. Remove gloves and wash hands. |
| | 18. Record actions and report any unusual observations to supervisor. |