NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: __________________________

Tub Bath or Shower - 5.01L

This skill MUST BE TAUGHT.
However, individual skill competence check is NOT required for this skill.

Equipment: Soap dish, soap or non-rinsing product, washcloth, towels, bath mat, chair or stool, clean clothing, personal care products, disinfectant.

Note: Temperature of bath/shower room should be warm enough for comfort.

1. Assemble equipment in bath or shower room; clean and disinfect tub or shower, if needed.
2. Knock before entering room. Greet and identify resident by name.
3. State your name and title. Explain procedure and obtain permission.
4. Wash hands. Gloves optional unless contamination possible or required by facility.
5. Select clothing and personal items needed.
6. Assure privacy throughout procedure.
   *If resident is undressed in the resident’s room, assure resident is totally covered before pushing wheelchair or stretcher out in the hall.
7. Assist to put on robe and slippers and escort/transport to bath/shower room.
8. Fill tub half full of water or turn on shower. Test to ensure water temperature is not more than 105-110 degrees (F) for tub or shower and that bottom of tub or floor of shower not slippery.
   ASK RESIDENT TO VERIFY COMFORT OF WATER TEMPERATURE.
9. Place bath mat or towel in front of tub or shower.
10. Assist to undress and get into tub or shower. Use shower chair as needed.
11. Stay with resident and/or assist with washing as needed.
12. Assist out of tub or shower and help dry by patting gently with towel.
13. Have resident stand on bath mat or sit on towel-covered chair as needed.
14. Assist with deodorant or antiperspirant and personal care products.
15. Help dress and return to room. Provide for safety and comfort with call signal in reach.
16. Put on gloves, return to bathing area, clean and disinfect tub or shower.
17. Place used towels in dirty linen container. Remove gloves and wash hands.
18. Record actions and report any unusual observations to supervisor.