

NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: _____

Partial Bed Bath - 5.01K

This skill MUST BE TAUGHT.
However, individual skill competence check is NOT required for this skill.

Equipment: Bath basin, soap, 3-4 bath towels, 3-4 wash cloths, bath blanket or equivalent, linen bag, clean gown or clothes, personal care items such as lotion, powder, or deodorant, gloves

NOTE

A partial bath, also called a set-up bath, includes washing the face, underarms, hands, and the perineal area. The type of bath best suited for: resident who has drier, fragile, and more sensitive skin, residents who should not have daily full baths, or wants a resident who wants a quick bath before a meal and plans to take a full shower or tub bath later in the day.

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| | 1. Knock before entering. Address resident by name. Identify resident. |
| | 2. State your name and title. Explain procedure maintaining face to face contact whenever possible. |
| | 3. Wash hands. Provide privacy and prevent drafts. |
| | 4. Offer the resident the bedpan or urinal or assist to rest room. |
| | 5. Raise the bed to a comfortable working height, and raise the side rail on the opposite side of the bed if you will be assisting. If the resident can perform the partial bath, set-up the supplies, leave bed in low position. |
| | 6. Place resident in the supine position on the side of the bed nearest you if you are assisting. |
| | 7. Remove clothing/gown while keeping resident covered if you or assist if needed. |
| | 8. Place a towel across the resident's chest or assist if needed. |
| | 9. Fill wash basin 2/3 full with water not warmer than 110-115°F. Before washing, ASK RESIDENT TO VERIFY COMFORT OF WATER. Place wash basin on over bed table. |
| | 10. Put on clean gloves before washing resident. |
| | 11. Begin with the eyes. Wash one eye with wet washcloth (NO SOAP-unless requested) starting from inner corner next to nose, wipe out toward side of face. Use a different area of the washcloth and wash the other eye in the same manner or assist resident to do so. |
| | 12. Wash rest of face, ears and neck with water (NO SOAP-unless requested) and pat dry with a towel or assist resident to do so. |

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| | 13. Wash or assist resident in washing the underarms, perineal area. Provide clean water and wash or assist resident to wash hands. |
| | 14. Empty, rinse and dry basin. Remove, clean, and store other equipment according to facility policy. |
| | 15. AFTER removing, cleaning and storing equipment per facility policy, remove gloves and wash hands |
| | 16. Assure resident safety and comfort with signal device in reach and bed in low locked position. |
| | 17. Record actions and report any unusual observations or injury to supervisor. |