NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: __________________________

Partial Bed Bath - 5.01K

This skill MUST BE TAUGHT.
However, individual skill competence check is NOT required for this skill.

Equipment: Bath basin, soap, 3-4 bath towels, 3-4 wash cloths, bath blanket or equivalent, linen bag, clean gown or clothes, personal care items such as lotion, powder, or deodorant, gloves

NOTE
A partial bath, also called a set-up bath, includes washing the face, underarms, hands, and the perineal area. The type of bath best suited for: resident who has drier, fragile, and more sensitive skin, residents who should not have daily full baths, or wants a resident who wants a quick bath before a meal and plans to take a full shower or tub bath later in the day.

1. Knock before entering. Address resident by name. Identify resident.
2. State your name and title. Explain procedure maintaining face to face contact whenever possible.
4. Offer the resident the bedpan or urinal or assist to rest room.
   Raise the bed to a comfortable working height, and raise the side rail on the opposite side of the bed if you will be assisting. If the resident can perform the partial bath, set-up the supplies, leave bed in low position.
5. Place resident in the supine position on the side of the bed nearest you if you are assisting.
6. Remove clothing/gown while keeping resident covered if you or assist if needed.
7. Place a towel across the resident's chest or assist if needed.
8. Fill wash basin 2/3 full with water not warmer than 110-115°F. Before washing, ASK RESIDENT TO VERIFY COMFORT OF WATER. Place wash basin on over bed table.
9. Put on clean gloves before washing resident.
10. Begin with the eyes. Wash one eye with wet washcloth (NO SOAP-unless requested) starting from inner corner next to nose, wipe out toward side of face. Use a different area of the washcloth and wash the other eye in the same manner or assist resident to do so.
11. Wash rest of face, ears and neck with water (NO SOAP-unless requested) and pat dry with a towel or assist resident to do so.
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13. Wash or assist resident in washing the underarms, perineal area. Provide clean water and wash or assist resident to wash hands.

14. Empty, rinse and dry basin. Remove, clean, and store other equipment according to facility policy.

15. AFTER removing, cleaning and storing equipment per facility policy, remove gloves and wash hands.

16. Assure resident safety and comfort with signal device in reach and bed in low locked position.

17. Record actions and report any unusual observations or injury to supervisor.