

NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: _____

Shaving a Resident - 5.01F

This skill MUST BE TAUGHT.
However, individual skill competence check is NOT required for this skill.

Equipment: Basin of warm water, shaving cream, safety razor or electric razor, towel, washcloth, mirror, aftershave lotion or powder, tissues, gloves

NOTE: Get permission from nurse before shaving. Some patients may be diabetic or on blood thinners and should not be shaved with safety razor. Never trim a resident's beard or mustache without their consent.

Safety Razor

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| | 1. Knock before entering room. Address resident by name. |
| | 2. State your name and title. Identify resident. |
| | 3. Explain procedure and obtain permission. |
| | 4. Wash hands. Assemble equipment. |
| | 5. Provide privacy. |
| | 6. Elevate head of bed to semi-Fowlers position. Spread towel under chin. |
| | 7. Put on gloves. |
| | 8. Place dentures in mouth if worn. |
| | 9. Moisten face and apply shaving cream. |
| | 10. Hold skin taut and shave in direction that hair grows. |
| | 11. Use firm, short strokes and rinse razor frequently. |
| | 12. Start under sideburns, in front of ear, and work downward over cheek toward chin. |
| | 13. Shave chin and under nose carefully. Work upward on neck under chin. |
| | 14. If skin is nicked, apply pressure with tissue directly over area until bleeding stops. |
| | 15. Wash off remaining soap when finished. |
| | 16. Apply aftershave lotion or powder if desired. |
| | 17. Clean and return equipment to proper place. |
| | 18. Remove gloves and wash hands. |
| | 19. Provide for safety and comfort with bed in low locked position and call signal in reach. |

Electric razor

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| | 20. Carry out steps 1-8 under safety razor. |
| | 21. Read instructions that came with electric razor. |
| | 22. Follow preference as to dry skin or use of pre-shave lotion. |
| | 23. Hold skin taut and shave all areas of face. Some electric razors require short circular strokes; while others require short strokes in direction hair grows. |
| | 24. Wash and dry face thoroughly when finished. |
| | 25. Carry out steps 16-23 under safety razor. |
| | 26. Record actions and report any unusual observations or injury to supervisor. |