NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: __________________________

Shaving a Resident - 5.01F

This skill MUST BE TAUGHT.
However, individual skill competence check is NOT required for this skill.

Equipment: Basin of warm water, shaving cream, safety razor or electric razor, towel, washcloth, mirror, aftershave lotion or powder, tissues, gloves

NOTE: Get permission from nurse before shaving. Some patients may be diabetic or on blood thinners and should not be shaved with safety razor. Never trim a resident’s beard or mustache without their consent.

Safety Razor

1. Knock before entering room. Address resident by name.
2. State your name and title. Identify resident.
3. Explain procedure and obtain permission.
5. Provide privacy.
7. Put on gloves.
8. Place dentures in mouth if worn.
9. Moisten face and apply shaving cream.
10. Hold skin taut and shave in direction that hair grows.
11. Use firm, short strokes and rinse razor frequently.
12. Start under sideburns, in front of ear, and work downward over cheek toward chin.
13. Shave chin and under nose carefully. Work upward on neck under chin.
14. If skin is nicked, apply pressure with tissue directly over area until bleeding stops.
15. Wash off remaining soap when finished.
16. Apply after shave lotion or powder if desired.
17. Clean and return equipment to proper place.
18. Remove gloves and wash hands.
19. Provide for safety and comfort with bed in low locked position and call signal in reach.
**Electric razor**

20. Carry out steps 1-8 under safety razor.

21. Read instructions that came with electric razor.

22. Follow preference as to dry skin or use of pre-shave lotion.

23. Hold skin taut and shave all areas of face. Some electric razors require short circular strokes; while others require short strokes in direction hair grows.

24. Wash and dry face thoroughly when finished.

25. Carry out steps 16-23 under safety razor.

26. Record actions and report any unusual observations or injury to supervisor.