




NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: _____

Combined Vital Signs 4.01J

 This performance checklist must be used by the teacher and student during skill acquisition, guided practice, and independent practice.

 During skill check-off, the student must perform the skill unassisted with 100% competence.

 While the course is being taught, a skill performance summary document/chart *may* be used to verify skills that have been completed. However, verification that the student has demonstrated competency on this skill **MUST** be recorded on the NATS Part II by the conclusion of the course.

Equipment: manual sphygmomanometer, stethoscope, non-mercury glass thermometer, pen, paper, and alcohol pads.

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|----|---|
| 1. | Measure pulse for <u>one full minute</u> while waiting for thermometer indicator “ribbon” to rise if patient is cooperative and able to hold the thermometer in the mouth without assistance. Measure pulse per performance checklist. |
| 2. | Measure respiration next. <u>Count for one full minute</u> . Maintain the pulse taking position and count respirations. Measure respiration per the respiration performance checklist. |
| 3. | Measure temperature with a <u>non-mercury glass thermometer</u> performance checklist. |
| 4. | Record vital signs in the chart below AFTER WASHING HANDS . |
| 5. | State and record normal limits for temperature, pulse, respiration, and blood pressure. |
| 6. | Compare resident findings to normal limits. |
| 7. | State “next action” if vital signs are out of normal limits. Complete chart below. |

Vital Sign	Resident's Measurement	Normal Range	Next Action
Temperature		Axillary Oral Rectal	
Pulse			
Respiration			
Blood Pressure		Systolic Diastolic Normal Pre Hypertension Hypertension Stage 1 Hypertension Stage 2	

Instructor's Initials: _____ Date: _____