

NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: _____

Measure and record temperature: Tympanic Thermometer 4.01E

This skill MUST BE TAUGHT.
However, individual skill competence check is NOT required for this skill.

Equipment: Paper, pen, electronic thermometer, probe covers, tissues, gloves

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| | 1. Assemble equipment. Knock before entering room. |
| | 2. Address resident by name. State your name and title. |
| | 3. Identify resident. Explain procedure and obtain permission. |
| | 4. Wash hands. Provide privacy. |
| | 5. Provide for resident safety. Position bed at best level for body mechanics. |
| | 6. Put on gloves if contamination possible. |
| | 7. Place cover on tympanic thermometer. |
| | 8. Do not use until "ready" is displayed. |
| | To gently insert the probe into the ear canal:
<input type="checkbox"/> Gently pull back and up slightly on the edge of the ear to straighten out the ear canal.
<input type="checkbox"/> In children under the age of 2, pull the earlobe down and back to straighten the ear canal. |
| | 9. <input type="checkbox"/> The probe should totally occlude the ear canal.
<input type="checkbox"/> Hold thermometer in right hand if right ear is to be used for measurement.
<input type="checkbox"/> Hold thermometer in left hand if left ear is to be used for measurement. |
| | 10. Press the "start" button on the thermometer. |
| | 11. Leave the thermometer in place until you hear a tone or see a flashing light on the readout display. Read the thermometer reading on the display. |
| | 12. Remove the probe from the ear and let go of the ear. |
| | 13. Until the skill is perfected, take three temperatures and record the highest. |
| | 14. Remove probe and eject and discard probe cover. Do not touch the cover. |
| | 15. Return probe to its stored position or put tympanic thermometer down. |
| | 16. Record resident's name and temperature on notepad using T as appropriate. |
| | 17. Remove gloves, if worn, and wash hands. |
| | 18. Lower bed. Provide for comfort with call signal in reach. |
| | 19. Return thermometer to appropriate place. |
| | 20. Record temperature and report any abnormal reading to supervisor. |