

NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: _____

Measure/record temperature using non-mercury glass thermometer: 4.01C *Rectal*

This skill MUST BE TAUGHT.

However, individual skill competence check is NOT required for this skill.

Equipment: Paper, pen, non-mercury glass thermometer, sheaths, tissues, gloves

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| | 1. Knock before entering. Address resident by name. |
| | 2. State your name and title. Identify resident. |
| | 3. Explain procedure and obtain permission. |
| | 4. Wash hands. Assemble equipment. Provide privacy. |
| | 5. Provide for resident safety. Place bed in flat position, and at best working level for body mechanics. |
| | 6. Put on gloves. Have resident turn on side. |
| | 7. If soaking in disinfectant, rinse thermometer in cold water and dry with tissue. |
| | 8. Check thermometer for chips or cracks. |
| | 9. Shake indicator "ribbon" down and place thermometer in sheath, if available. |
| | 10. Lubricate bulb of thermometer with KY jelly and insert one inch into rectum or as directed. |
| | 11. Hold thermometer in place for 3-5 minutes or as directed. <u>Never let go of thermometer.</u> |
| | 12. Remove thermometer, holding stem end. Remove sheath and discard or wipe thermometer with tissue from stem toward bulb. |
| | 13. Read thermometer accurately. |
| | 14. Shake down indicator "ribbon" thermometer and place in container without touching container. |
| | 15. Remove gloves and wash hands. |
| | 16. Record resident's name and temperature on notepad with "R" for rectal. |
| | 17. Provide for resident safety and lower bed. |
| | 18. Provide for comfort with call signal in reach. |
| | 19. Record temperature on appropriate form and report any abnormal reading to supervisor. |