

NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: _____

Measure/record temperature using non-mercury glass thermometer: 4.01B *Axillary*

This skill MUST BE TAUGHT.
However, individual skill competence check is NOT required for this skill.

Equipment: Paper, pen, non-mercury glass thermometer, sheaths, tissues, gloves

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| | 1. Knock before entering room. Address resident by name. |
| | 2. State your name and title. Identify resident. |
| | 3. Explain procedure and obtain permission. |
| | 4. Wash hands. Assemble equipment. |
| | 5. Provide privacy. |
| | 6. If soaking in disinfectant, rinse thermometer with cold water and dry with tissue. |
| | 7. Check thermometer for chips and cracks. |
| | 8. Shake indicator "ribbon" down and place thermometer in sheath, if available. |
| | 9. Help resident remove arm from sleeve. |
| | 10. Place bulb end of thermometer in center of axilla. Ask resident to hold thermometer in place by closing arm. Assist in doing so if resident unable. Bulb end must be in contact with residents' skin, not in the air space of the axilla. |
| | 11. Leave thermometer in place for 5-10 minutes or as directed. |
| | 12. Remove thermometer, holding stem end. Remove sheath and discard or wipe thermometer with tissue from stem toward bulb. |
| | 13. Read thermometer accurately. |
| | 14. Record resident's name and temperature with "A" for axillary on notepad. |
| | 15. Shake indicator "ribbon" down and place in container. |
| | 16. Help resident replace sleeve. |
| | 17. Wash hands. |
| | 18. Provide for comfort with call signal in reach. |
| | 19. Record temperature on appropriate form and report abnormal reading to supervisor. |