NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: _____

Collect Specimen under Transmission Based Precautions - 3.01E

This skill MUST BE TAUGHT.
However, individual skill competence check is NOT required for this skill.

Equipment: Specimen container, paper towels, personal protective equipment, leak-proof transport bag, gloves

	Receive directions from supervisor.
	Wash hands.
	Assemble equipment. Fill out label on container.
	Put on appropriate personal protective equipment
	Put on gown: (combination of PPE will affect sequence – be practical / CDC 2004) ☐ Slip arms into sleeves of gown. ☐ Slip fingers under inside neckband and grasp ties in back. ☐ Tie in bow or fasten Velcro strip. ☐ Grasp edges of gown and pull to back. ☐ Overlap edges, closing opening so that uniform is completely covered. ☐ Tie waist strings in bow or fasten Velcro strip.
	Put on mask: ☐ Pick up mask by upper ties. ☐ Place mask over nose and mouth. ☐ Place upper strings over ears and tie in bow at back of head. ☐ Tie lower strings in bow at back of neck. ☐ Put protective **eyewear** over eyes.
	Put on gloves: ☐ Remove two gloves from clean container. ☐ Pull on gloves over hands and wrists, using medical asepsis. Medical asepsis includes not letting ☐ gloves touch contaminated surfaces or objects while being put on and replacing gloves with obvious holes or tears.
	Prepare specimen container: ☐ If possible write resident's name, date, and other required information on the specimen container label prior to going into the resident's room. ☐ Affix label to container.
	Knock before entering room.
	Address resident by name. State your name and title.
	Identify resident. Explain procedure and obtain permission.
	Collect Specimen: ☐ Place specimen container and leak-proof transport bag on clean paper towel on appropriate surface with container lid off. Inside of lid should be facing up. ☐ Collect specimen following procedures in appropriate skills. ☐ Apply lid without touching the inside of the lid

- ☐ Place specimen in container without touching outside of container
- ☐ Remove gross contamination of the outside of the specimen container if needed
- ☐ Assure specimen container is labeled
- ☐ Place specimen container in a biohazard bag for transport

Provide patient safety:

- ☐ Bed locked in low position
- ☐ Call bell in reach
- ☐ Check patient comfort

Where to Remove PPE:

- ☐ In a two-room isolation unit, go to the outer room.
- ☐ In a room one-room unit, remove garments while you are standing close to the inside of the door.
- ☐ Take care not to touch the inside patient's door.
- ☐ Take care not to touch the room's contaminated articles.

Remove Gloves:

- ☐ With dominant hand, remove other glove by grasping it just below wrist.
- ☐ Pull glove down over non-dominant hand so that it is inside out.
- ☐ Hold removed glove in gloved hand.
- ☐ With first two fingers of ungloved hand, reach underneath the cuff of the other glove without touching outside of glove.
- ☐ Pull glove down (inside out) over hand and remaining glove.
- ☐ Discard gloves into waste receptacle.
- ☐ Wash hands.

Remove Eyewear: (face shield or goggles)

Remove Gown:

- ☐ Untie waist strings and loosen gown.
- ☐ Wash hands.
- ☐ Untie neck strings.
- ☐ Slip fingers of right hand inside left cuff without touching outside of gown.
- ☐ Pull gown down over left hand.
- ☐ Pull gown down over right hand with gown-covered left hand.
- ☐ Remove gown by rolling it in ball, contaminated side inward, not touching the floor with gown.
- ☐ Dispose of gown in appropriate container.

Remove and Discard Mask or Respirator:

Wash Hands: Open the door using a paper towel and discard it as you leave.

Have another person outside the resident's room assist in double bagging the specimen

Take specimen to appropriate area.

Record actions and report any abnormal observations to supervisor.