




NURSE AIDE CURRICULUM SKILL PERFORMANCE CHECKLIST

Name: _____

Donning and Removing Complete PPE - 3.01C

A modification of this skill may be required during NNAAP® testing. NNAAP® skill is to don and doff gown and gloves only.

-  This performance checklist must be used by the teacher and student during skill acquisition, guided practice, and independent practice.
-  During skill check-off, the student must perform the skill unassisted with 100% competence.
-  While the course is being taught, a skill performance summary document/chart *may* be used to verify skills that have been completed. However, verification that the student has demonstrated competency on this skill **MUST** be recorded on the NATS Part II by the conclusion of the course.

Equipment: Non-Sterile Gown, Non-Sterile Gloves, Mask, Goggles, and Face shields

- Gloves protect the hands
- Gowns protect the skin and/or clothing
- Masks protect the mouth and nose
- Goggles protect the eyes
- Face shields protect the entire face - mouth, nose, and eyes

Note:

OSHA states that it is the employer's responsibility to instruct the staff on how to properly wear (don) and how to remove (doff) the PPE. Facility procedures may vary slightly.

Donning (putting on) Gown

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| | 1. Wash your hands. |
| | 2. Pick up and unfold gown while facing the back opening of the gown. |
| | 3. Face the back opening of the gown, slip arms into sleeves and adjust the gown over your shoulders. Avoid touching the outside of the gown as much as possible. |
| | 4. Tie neck tie, or fasten Velcro or sticky strips at back of neck. |
| | 5. Reach behind and overlap the edges of the gown as much as possible. Make sure the back of clothing is covered as much as possible by the gown. |
| | 6. Bring waist ties to the back and tie. If ties are long enough to come around to the front, they may be tied in the front. |

Donning (putting on) Mask and Goggles

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| | 7. Pick up the mask by the top strings or elastic strap. Be careful not to touch the mask where it touches your face. |
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- Adjust the mask over your nose and mouth. Tie the top strings, and then tie the bottom strings.
- Masks must always be dry. Replace mask if it becomes wet.
- Never wear a mask hanging from only the bottom ties.
- Put on the goggles.
- FACE SHIELDS: Can be a substitute for mask and goggles. Face shields should cover your forehead and go below the chin. It wraps around the sides of your face.

Donning (putting on) Gloves

- Wash your hands. If you have already washed hands for donning down; omit washing hands now.
- Remove gloves from box one at a time.
- Be sure hands are dry! Place one hand through the opening of the first glove, and pull the glove up and over the wrist.
- Place other hand through the opening of the second glove, and pull the glove up and over the wrist.
- Adjust gloves to **cover the wrist or cuffs or elastic band of the gown if wearing a gown**. Do not touch any part of your body with your gloved hand(s).

AFTER RESIDENT CARE IS COMPLETE...

Removing Gloves *(For NNAAP remove gloves before removing gown)*

- With one gloved hand, grasp the other glove at the palm. Remove the glove by pulling glove down, turning glove inside out, and off your hand.*** *(This is a critical step for NNAAP testing.)* Hold the glove that has just been removed and balled up, in the still-gloved hand. **“Glove to Glove” touch here.**
- Slips fingers of ungloved hand underneath the cuff of remaining glove at wrist, and removes glove turning it inside out as it is removed.*** *(this is a critical step for NNAAP testing)* **“Skin to Skin” touch here.**
- Pull the last glove over the first glove as the last glove is removed.
- Place both gloves in the waste container in accordance with facility policy without contaminating self.
- Wash your hands.

Removing Goggles or Face Shield

- Remove goggles in such a way as to avoid contaminating your face or hair in the process. Handle only the strings or straps.
- Discard in appropriate waste container according to facility policy.
- Wash your hands.

Removing Gown

- 9. After removing gloves, unfasten gown at neck and waist
- 10. After removing gloves, remove gown without touching outside of gown.
- 11. While removing gown, holds gown away from body without touching the floor, turn gown inward and keep it inside out
- 12. Roll the gown into a ball and dispose of it in a designated container per your facility policy without contaminating self.
- 13. Wash your hands.

Remove Mask

- 14. Remove mask in such a way as to avoid contaminating your face or hair in the process. Handle only the strings or straps.
- 15. Discard according to facility policy.
- 16. Wash your hands.

Instructor's Initials: _____ Date: _____