**Resident Observation Tool**

If you have identified an important change while caring for a resident today, please circle the change and discuss it with the charge nurse before the end of your shift.

Name of Resident\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**“Stop and Watch”**

**S**eems different than usual

**T**alks or communicates less than usual

**O**verall needs more help than usual

**P**articipated in activities less than usual

**A**te less than usual (not because of dislike of food)

**N**umber or characteristics of stools or voiding different from normal

**D**rank less than usual

**W**eight change

**A**gitated or nervous, more than usual

**T**ired, weak, confused, or drowsy

**C**hange in skin color or condition

**H**elp with walking, transferring, toileting more than usual

From: Florida Atlantic University / Adapted from Boockvar et al., J Am Geriatr Soc 48:1086 (2-000)